

WOMEN
OF THE
RANCHO
AT ALISAL RANCH

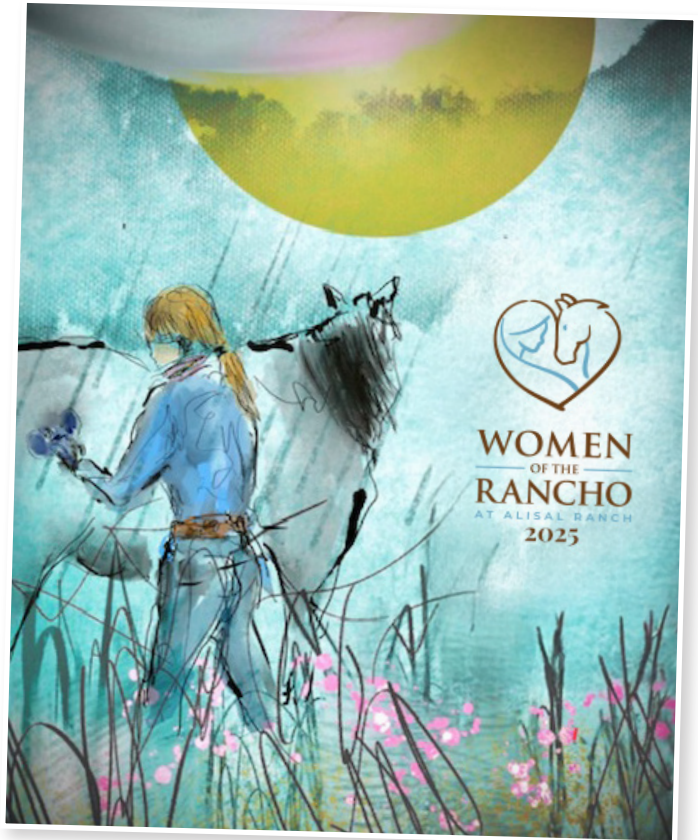
Sample Schedule

Arrival Day

- 1:30 PM Check-in
- 2:30 PM Meet Your Horse on the Ground
- 4:00 PM Welcome/Orientation with Janet and Director of Equine Operations
- 5:00 PM Opening Ceremony with Janet
- 6:30 PM Cocktail Hour
- 7:00 PM Dinner
- 8:30 PM Branding at the Campfire

Second Day

- 7:00 AM Gentle Yoga Class
- 7:30 AM Breakfast
- 9:00 AM Opening Meditation
- 9:30 AM Trail ride or Horsemanship Class
- 12:00PM Lunch on your own
- 2:00 PM Afternoon Trail Ride
- 4:00 PM Free Time
- 6:30 PM Cocktail Hour
- 7:00 PM Dinner
- 8:00 PM Leading with Your Heart Workshop



Third Day

- 7:00 AM Gentle Yoga Class
- 7:30 AM Breakfast
- 9:00 AM Meditation in Barnyard
- 9:30 AM Trail Ride
- 12:00PM Lunch on your own
- 2:00 PM Rodeo Arena Obstacle Course
- 4:00 PM Free Time
- 6:30 PM Cocktail Hour
- 7:00 PM Dinner
- 8:00 PM Closing Ceremony

Departure Day

- 7:30 AM Breakfast Ride to the Historic Adobe
- 11:30 AM Check-out *Happy Trails!*